

SENSE OUTSIDE RISK ASSESSMENT FOR OAK MEADOW

Reviewed:19.09.2025

By: Chloe Wright

Version: 2

The purpose of this Risk Assessment is to provide adequate control of health, safety, and environmental risks arising from Sense Outside's activities in Oak Meadow. It covers potential risks: 1) to those on the activity; 2) caused to others by those on the activity; 3) caused by others to those on the activity.

Ser	HAZARD	RISKS INVOLVED	PRE-CONTROL RISK RATING	CONTROL MEASURES	ACTUAL RISK RATING
	Safety				
1.	Weather conditions, hot and cold	Hypothermia, heat stroke	3	<ul style="list-style-type: none"> • Check the weather forecast before sessions • Ensure appropriate clothing e.g. Waterproofs, sunhats, sunscreen • Provide shade in hot weather and suitable covering in wet weather • Ongoing monitoring through sessions • Young people and adults to bring water bottles with them and water to always be available on site 	1
2.	Slips, trips and falls	Scrapes, cuts and bangs	4	<ul style="list-style-type: none"> • Leaders should complete a pre-session safety check and move any potential hazards • Children to be warned that ground is uneven • Leaders point out potential hazards before and during sessions • First Aider to always be on-site and First Aid Box provided • Swings and attachments including daisy chains will be checked before each session for wear and tear before each use • Carabiners with a safety latch will be used to attach swings • Leaders will have school radio and be able to radio for help if needed • Children only allowed to climb to height where there feet are at the height of an adults head 	2

SENSE OUTSIDE RISK ASSESSMENT FOR OAK MEADOW

Reviewed:19.09.2025

By: Chloe Wright

Version: 2

The purpose of this Risk Assessment is to provide adequate control of health, safety, and environmental risks arising from Sense Outside's activities in Oak Meadow. It covers potential risks: 1) to those on the activity; 2) caused to others by those on the activity; 3) caused by others to those on the activity.

Ser	HAZARD	RISKS INVOLVED	PRE-CONTROL RISK RATING	CONTROL MEASURES	ACTUAL RISK RATING
3.	On site vehicles; cars, forestry machinery	RTA or hearing loss, serious injury	2	<ul style="list-style-type: none"> Ensure that participants are aware that GNC is a working site; that there may be tractors and heavy machinery moving around Parking for the activities to be supervised and participants carefully led through to meeting point Leaders establish the day's activities so that they are aware of where the machines will be Group to be informed about what they should do if they see machinery on the move. 	1
4.	Low branches	Banging into branches, damaging eyes	3	<ul style="list-style-type: none"> Leaders will choose sites that avoid eye height branches where possible Leaders point out eye height branches where possible and inform group of dangers If children climb trees, they are shown not to put their weight on anything less than a wrist width in diameter They are taught to always keep 3 limbs on the tree ie.1 leg/2 hands or 2 legs/1hand Liaise with owner if there is a persistent issue 	2
5.	Dead trees, falling trees	Scrapes, bangs, serious injury	3	<ul style="list-style-type: none"> Group participants will be told that GNC is a woodland, and it is not possible to guarantee every tree is safe. Leaders will point out areas of danger Leaders will choose suitable sites for activities according to weather conditions Leaders will do pre-session assessments and avoid activities under unstable trees or branches where possible 	1

SENSE OUTSIDE RISK ASSESSMENT FOR OAK MEADOW

Reviewed:19.09.2025

By: Chloe Wright

Version: 2

The purpose of this Risk Assessment is to provide adequate control of health, safety, and environmental risks arising from Sense Outside's activities in Oak Meadow. It covers potential risks: 1) to those on the activity; 2) caused to others by those on the activity; 3) caused by others to those on the activity.

Ser	HAZARD	RISKS INVOLVED	PRE-CONTROL RISK RATING	CONTROL MEASURES	ACTUAL RISK RATING
				<ul style="list-style-type: none"> In cases of high winds – assess wind and gust speed if over 39km per hour move session inside or consider cancelling session 	
6.	Broken glass, sharp objects	Cuts from sharp objects	2	<ul style="list-style-type: none"> Children advised to look out for any sharp objects when digging in the sandpit/mud kitchen areas and to report to a leader if they find glass or metal 	1
7.	Cooking hazards	Cuts from knives	3	<ul style="list-style-type: none"> Children will be advised to cut on a safe surface and will be taught how to hold and cut with a knife A first aider and a first aid box must be on site Children will be told to wash their hands before and after dealing with food prep 	1
8.	Poisonous plants/fungi	Toxic poisoning	3	<ul style="list-style-type: none"> Leaders will do pre-session assessments Leaders will advise the group not to pick or eat anything without asking Leaders will keep a reference guide on site for plant identification Children will wash their hands before eating snack foods A First Aider will be on site for all activities. 	1
9.	Insect/snake bites	Stings, anaphylaxis, risk of infection, Lyme's disease	3	<ul style="list-style-type: none"> Be aware of increased levels of ticks during summer months Verbal warning at the beginning of each session regarding tick and written warning on email information Ensure that parents are aware children should be wearing long trousers and tops with socks tucked in if possible Carry tick remover 	1

SENSE OUTSIDE RISK ASSESSMENT FOR OAK MEADOW

Reviewed:19.09.2025

By: Chloe Wright

Version: 2

The purpose of this Risk Assessment is to provide adequate control of health, safety, and environmental risks arising from Sense Outside's activities in Oak Meadow. It covers potential risks: 1) to those on the activity; 2) caused to others by those on the activity; 3) caused by others to those on the activity.

Ser	HAZARD	RISKS INVOLVED	PRE-CONTROL RISK RATING	CONTROL MEASURES	ACTUAL RISK RATING
				<ul style="list-style-type: none"> • Ensure parents know the signs of an infected tick bite and when to seek medical advice • Identify and avoid areas with high insect activity • Ensure the First Aid kit contains treatment for bites and stings • Encourage long sleeves and the use of repellants • Ensure participants have in-date Epi pens if prescribed and a proper action plan • First Aider on site always. 	
10.	Fire	Burns, scalds	3	<ul style="list-style-type: none"> • Use fire pit that has been provided • Keep fire to a manageable size and always supervised • Educate parents and children on fire safety and ensure safety rules are always in place • Always have water accessible • Establish emergency procedures and ensure the group are aware of them 	1
11.	Toos use (garden forks, wood knives)	Cuts, grazes	3	<ul style="list-style-type: none"> • Use appropriate age tools • Ensure gloves are used • Teach proper handling techniques and supervise closely • Make regular tool checks and maintenance • All items stored off site or in a locked box 	1
12.	Water hazards; ponds and streams	Falling in/drowning	3	<ul style="list-style-type: none"> • Inform group that the small pond by barn is completely out of bounds • Supervise activities by the stream • Set clear boundaries about what is allowed and only carry out specifically planned and controlled activities 	1

SENSE OUTSIDE RISK ASSESSMENT FOR OAK MEADOW

Reviewed:19.09.2025

By: Chloe Wright

Version: 2

The purpose of this Risk Assessment is to provide adequate control of health, safety, and environmental risks arising from Sense Outside's activities in Oak Meadow. It covers potential risks: 1) to those on the activity; 2) caused to others by those on the activity; 3) caused by others to those on the activity.

Ser	HAZARD	RISKS INVOLVED	PRE-CONTROL RISK RATING	CONTROL MEASURES	ACTUAL RISK RATING
13.	Animal encounters; dogs, wildlife	Damage to environmental protection. Bites/stings. Infection/disease from feces.	3	<ul style="list-style-type: none"> Educate children on the importance of respect for wildlife Avoid known nesting sites of wildlife dens/burrows Educate children about how to behave around encounters with domestic animals that are unknown to them Carry out pre-session assessments from any public spaces by the stream to check for dog feces and remove 	1
14.	Den collapse/falling out of tree/hammock	Broken limbs, bangs to head	3	<ul style="list-style-type: none"> Children will be encouraged to think about the risks of collapsing dens Children are not allowed to climb on dens 	1
15.	Rope activities	Burns, strangulation	3	<ul style="list-style-type: none"> Children will be advised about how to work and play with ropes Adults will ensure proper use and safe storage afterwards. 	1
16.	Lost child	Encountering traffic, getting lost	3	<ul style="list-style-type: none"> Set clear boundaries Ensure appropriate supervision and have parents in group if possible and for high-risk young people Follow the 'Lost Child' policy 	1
17.	Child running away from site	Encountering traffic, getting lost	3	<ul style="list-style-type: none"> Set clear boundaries Ensure appropriate supervision and have parents in groups if possible and for high-risk young people Be aware of any absconding risks of children by asking parents to complete registration form 	1
18.	Children becoming emotionally dysregulated	Physical aggression towards staff, students or themselves, or damage to equipment	3	<ul style="list-style-type: none"> Parents or school to inform of any previous risk behaviors via registration form or email before the sessions begin Regular review with school SENCO via a check in verbally of any risk behavior observed at school Use of school positive behavior support plans if required 	1

SENSE OUTSIDE RISK ASSESSMENT FOR OAK MEADOW					
<p>Reviewed:19.09.2025</p> <p>By: Chloe Wright</p> <p>Version: 2</p>					
<p>The purpose of this Risk Assessment is to provide adequate control of health, safety, and environmental risks arising from Sense Outside's activities in Oak Meadow. It covers potential risks: 1) to those on the activity; 2) caused to others by those on the activity; 3) caused by others to those on the activity.</p>					
Ser	HAZARD	RISKS INVOLVED	PRE-CONTROL RISK RATING	CONTROL MEASURES	ACTUAL RISK RATING
				<ul style="list-style-type: none"> Chloe trained in TCI (Therapeutic Crisis Intervention) Creation of individual risk assessments for children deemed higher risk 	

Risk Level Key

1 – Very Low Risk

Minimal likelihood of harm occurring and consequences are negligible. No action needed beyond routine controls.

2 – Low Risk

Unlikely to occur, and the impact would be minor. Monitor and maintain standard precautions.

3 – Medium Risk

Possible occurrence with moderate consequences. Action may be needed to reduce risk and monitor regularly.

4 – High Risk

Likely to occur with significant impact. Immediate action required to reduce risk; consider alternative approaches.

5 – Very High Risk

Almost certain to occur and/or severe consequences. Activity should **not proceed** without major control measures or redesign.